Some people believe that having sport in schools is a waste of time and resources, whilst other believe that sport in school is a vital part of education. What is your idea about this statement?

Schools all over the world are responsible to teach children of any age various knowledge. Among all professional fields of education which are generally sedentary, an active and much popular lesson is sport; however, many people consider it ineffective.

Some believe that playing sports in an educational area is a <u>disturbance</u> activity which gets students distracted of what they study in math or physics class. In other words, it is the parents' right to encourage children <u>doing</u> more activity according to their talent. Of course, parents are more aware of their <u>children</u> interests and abilities. Therefore, in this regard, some school <u>holders</u> also try to slow down the extra costs of running the school. Despite <u>**the**</u> ethical aspects, they categorize sport <u>instrument</u> as an excessive<u>/unnecessary</u> expense. As a result, the parents' <u>beliefs</u> of the inefficiency of sports in schools become intensive and more dissatisfaction <u>are arisen</u>.

On the other hand, more parents and educational experts ask schools to provide all the requisites for exercising regularly. To support their ideology, they tend to provide some psychological reasons which can affect students' mentality and make them more energetic and playful. It is conceded that doing some exercise during a day has positive effects like speeding up your brain and <u>guarantying</u> your health, in particular when you are compelled to do a desk job similar to what students do.

In summary, on balance, I strongly believe that students not only need to be taught at the desk, but also <u>they are crucial</u> to be <u>lively</u> when learning some new knowledge through some practical courses such as sports.